

# MEDICINE FOR YOUR MIND BODY AND SOUL

*Palliative Care Conference*

June 9th & 10th

Western Development Museum  
Saskatoon



SASKATCHEWAN  
HOSPICE PALLIATIVE  
CARE ASSOCIATION INC.

*conference brochure*

**ST. PAUL'S  
HOSPITAL  
FOUNDATION INC.**

# SCHEDULE

*JUNE 9*

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| 11:00 | SHPCA AGM   |
| 11:30 | REGISTRATION - Coffee & Snacks  |
| 12:30 | Welcoming & Opening Remarks   |
| 13:00 | Dennis Flaherty - Lived Experience : Palliative Care from a Care-giver's Perspective                      |
| 13:30 | Dr. Harvey Chochinov - What's Dignity Got To Do With It? : New opportunities in palliative care.<br>break |
| 15:00 | Dr. Srin Chary - Reminiscences<br>stretching break  |
| 15:45 | Dr. Vivian Walker - Palliative Care in Saskatchewan   |
| 16:30 | Pharmacists' Role in the Patient's Journey - from diagnosis to death with dignity of a young woman        |

Supper \* Evening Gala \* Silent Auction

# SCHEDULE

*JUNE 10*



08:00	Breakfast & Welcoming Remarks
08:45	Dr. Vivian Walker - Navigating Palliative Care's Challenging Cases
09:45	Jennifer Dunne - Life at Hospice at Glengarda - making a difference at the end of life
	break
10:15	Psilocybins - The How's & The Whys
11:00	Dr. Harvey Chochinov - Connecting With Our Patients: Getting it right
	lunch
13:00	Saskatchewan Hospice Palliative Care Association - In the "NEAR" Future - Networking, Education, Advocacy & Research for Saskatchewan.
13:30	Mary-Anne Parker -A phenomenological study of the Doula approach to end-of-life care navigation Bill Edwards - New Frontiers in Funerals
	break
14:40	Wholistic Care at the End of Life: applying the creative approach
15:10	Closing Remarks

# KEYNOTE SPEAKERS

## *Dr. Harvey Chochinov*

A distinguished professor of psychiatry at the University of Manitoba, Senior Scientist at the CancerCare Manitoba Research Institute, and co-founder of the Canadian Virtual Hospice, Dr. Chochinov has received the highest honour bestowed by the Canadian Medical Association, the FNG Starr Award. He is a Fellow of the Royal Society of Canada, Fellow of the Canadian Academy of Health Sciences, recipient of the Queen's Golden Jubilee Medal and the Order of Manitoba. An Officer in the Order of Canada, in 2020 he was inducted into the Canadian Medical Hall of Fame.

## *Dr. Vivian Walker*

Vivian Walker is a long-standing Saskatoon physician. She is the Co-Medical Director of Palliative Care Services in Saskatoon. She currently sits on the Board of Directors for St. Paul's Hospital Foundation, and is a passionate advocate for patients and their families facing life-limiting illnesses, including end-of-life journeys.

## MAJOR SPONSOR

### St. Paul's Hospital Foundation



Founded in 1982, St. Paul's Hospital Foundation is a registered charity supporting St. Paul's Hospital's vision for a community of health, hope and compassion for all.

We believe in the power of generosity to save and change lives. We work with St. Paul's leadership to support the delivery of compassionate, holistic healthcare and serve unmet needs in our community, including bring pioneering advancements and innovation to our Hospital.

We have a number of exciting fundraising projects underway this year, including bringing the province's first surgical robot to our Hospital, supporting the purchase and installation of PYXIS automated pharmaceutical dispensing units throughout the facility, and updating the Hospital's MRI scanner and radiography equipment.

We continue our work to advance end-of-life care at our Hospital, at the newly built Hospice at Glengarda, and in our community. Fundraising is underway to bring state-of-the-art communications technology to our Hospital's Palliative Care Unit, ensuring the right person receives the right information at the right time. At the Hospice at Glengarda, we are advancing landscaping work, development of an outdoor healing space and capital reserve fund. We continue to seek community support for the Comfort Care Fund in support of holistic care services, arts therapies, bereavement care and spiritual care.

We very pleased to be partnering with the Saskatchewan Hospice Palliative Care Association to advance palliative care education and training in our community. We are thrilled to be providing financial support for the upcoming Palliative care Conference in Saskatoon on June 9 and 10th, and look forward to seeing you all there.

# CONFERENCE SPEAKERS



Monique Blom is a Canadian multidisciplinary artist and arts educator based “in the wild woods of Saskatchewan [where] her practice includes chopping wood, building ponds and creating edges.” Her practice springs from a desire to explore human relationships as part, or as apart from nature. Blom’s work ranges from paintings with elements of vintage collage to public art interventions. Blom is the Creative Arts Coordinator for the Hospice at Glengarda facilitating wellness creation and multidisciplinary projects for end-of-life care with both patients and their families. Together with Shayne Metcalfe, Blom is the co-creator of Skullback Studios Residency/Retreat Centre and ISEE Motion Picture Company.



Erin Cashin is the lead long-term care consultant pharmacist for Pharmasave #406. Erin is a graduate of the College of Pharmacy and Nutrition at the University of Saskatchewan. She has over 15 years of pharmacy experience in areas including community, hospital, primary care and most recently long-term care. She feels fortunate to have the opportunity to build relationships with the people she cares for, including long-term care residents, staff and families. She is proud to provide clinical services such as medication reviews and drug information for members of the interprofessional care team. She is proficient in managing medication related issues such as difficulty with administration and applying for drug coverage. She enjoys working with other health care providers to provide the best possible care for patients.



Dr. Srini Chary was born in India, grew up in Britain and completed his higher surgical training including a fellowship in surgery at the Royal College of Surgeons of Edinburgh. He moved to Saskatoon and became a Palliative Care Physician and Director of Regional Palliative Care Program for more than 18 years. He was the co-founder and board chair of Pallium Foundation of Canada until 2017 and remains on the governance board as Honourary Chair. He is now retired.



Jen Dunne is the Site Lead at the Hospice at Glengarda, the first free standing hospice in Saskatchewan. She has recently “come back home” and has been granted the opportunity of a lifetime to lead the five-star team in the provision of high quality end-of-life care. Passionate about end-of-life care provision, Jen is a tireless advocate for holistic approaches to care and supporting both patients and families.



William [Bill] Edwards has received numerous awards for his community involvement & advocacy. President & CEO of the Edwards Family Group of Companies, he has been and continues to be an influential voice at many board tables including the Provincial Funeral and Cremation Regulatory Board, St. Paul’s Hospital, and Glengarda Hospice steering committee. The depth and breadth of his knowledge around burial and cremation continues to be a guiding force for those entering the field. Bill’s philanthropic approach resonates in the Saskatoon Funeral Home’s statement, “Our success is not achieved through the strength of one individual but through the combined efforts of many over a long period of time”.



Dennis Flaherty is a former educator who, along with his wife Kathryn, were dedicated advocates for the Hope Cancer Help Centre here in Saskatoon. Dennis supported his wife with her breast cancer until her death in 2010 and his father during a short bout of palliative care this past summer. He is now a supportive spouse in another end-of-life care situation. He is honored to share his stories as a contribution to end of life care advocacy.



Thomas Hartle is a 54 year old husband, father, and IT professional who has been dealing with stage 4 colon cancer since 2016. Faced with the typical outcome of stage 4 cancer, Thomas experienced a debilitating amount of anxiety over his future and that of his family. In August of 2020, Thomas became the first Canadian to legally receive psilocybin assisted psychotherapy. Psilocybin is the active ingredient in magic mushrooms, and studies have shown great promise in many areas of mental health, including end of life anxiety. Since that time, he has experienced a substantial improvement in both his emotional wellbeing, and in his overall ability to once again enjoy the time he has with his family. He is currently a passionate advocate for psilocybin therapy and shares his story as part of his advocacy.



Lecina Hicke is St. Paul’s Hospital Foundation’s CEO, having stepped into the role after serving as a member of the Foundation team for over seven years. Lecina was the Close to Home Campaign Director, leading the Foundation in its precedent setting \$20 million initiative to establish the province’s first, free standing residential hospice, and dramatically improve end-of-life care. Raised on a farm in South Central Saskatchewan, Lecina is pleased to call Saskatoon home.



Jahnaya Mann is a graduate of the College of Pharmacy and Nutrition at the University of Saskatchewan. She has over 20 years of practice in community pharmacy. In May of 1999 she joined the Pharmasave team in Swift Current as a staff pharmacist and has transitioned to owner and manager of Pharmasave #406 in Swift Current and Pharmasave #403 in Ponteix. Jahnaya has extensive experience providing Long Term Care services in both the public and private sectors and is an avid supporter of her community evidenced by her being the 2015 recipient of the Bowl of Hygiea Award, a national pharmacist award recognizing outstanding service to the community. She is an innovator and a first adaptor of new pharmacy services. Jahnaya and her team have also been the recipients of numerous business and innovation awards and nominations both locally and nationally.



Mary-Anne Parker is an End-of-Life researcher whose work and learning have evolved into critically examining end of life care in Canada. As Administrative & Development Coordinator for the SHPCA and practicing Death Doula, she is involved in advocacy and research which she hopes will add to the recognition that meaningful end-of-life care is crucial to both client and family well-being. Other research projects have involved an in-depth philosophical and phenomenological study of the Canadian death doula role within the long-term care context. Before attending studies at AU and becoming a Death Doula, she has enjoyed careers in marketing communications, fundraising, and writing.



# Conference Sponsors



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