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## Rob Gentes – SHPCA President Effective September 19, 2018

Born and educated in Saskatchewan, Rob Gentes obtained his Degree in Health Care Administration from the University of Saskatchewan and a Master of Business Administration from the University of Regina. Rob completed the provincial Leadership Development program in 2010 and will complete the Catholic Healthcare Leadership program in January of 2016.

Rob's experience ranges from the Director of Finance at United Way of Saskatoon and then the former Moose Mountain Health Region to facility/program manager in Redvers Sask, Manager in Mental Health and Addictions and serving in the administration fellow role at St Paul's Hospital in the Saskatoon Health Region. He is currently the Executive Director of Practitioner Staff Affairs for the new



Rob has over 20 years of leadership experience and has led such initiatives as the provincial Project Hope initiative which increased addictions treatment services for youth and adults across the province and the framework for integration of Mental Health and Addiction Services. He has always been passionate about developing collaborative partnerships and creating quality programs that improve the patient experience.

**Jean Morrison will remain on the Board as the Past President.**



### **UPDATE!**

We're delighted with our new logo and we have an email address: [compassionatecareSK@gmail.com](mailto:compassionatecareSK@gmail.com) so don't hesitate to contact the coalition with ideas or stories of interest. The purpose of the Compassionate Care Coalition is to engage government decision and policy makers to ensure Saskatchewan citizens have equitable access to quality Palliative Care. As we move forward in discussions with the Saskatchewan Ministry of Health and the Saskatchewan Health Authority, the stories we are accumulating will help raise awareness about relevant issues. By providing actual incidences, we will work toward equal and improved Hospice and Palliative Care for all Saskatchewan citizens.

The meeting with Sharon Garratt, VP, Integrated Urban Health and Chief Nursing Officer and Dr. Mark Wahba, Physician Executive of the Saskatchewan Health Authority was very timely as the Authority is still in the process of organizing their systems. They were very open to working collaboratively with the Coalition as well as others in the community in the common goal of equitable access to quality Palliative Care for Saskatchewan Citizens.

## **Board of Director's Planning Meeting August 29, 2018**

At the Planning Meeting in August, the Directors reviewed the mission and

LEAP training to health care workers in Saskatchewan and are excited that it will be offered on a regular basis through SHA.

It was felt that the new direction of SHPCA should be some of the following: to work with communities to become designated Compassionate Communities; to encourage and assist in creating Standard Care for Home Care; collect and provide more resources on SHPCA's website; provide Education to families and caregivers – Dying in Place; educate the public about who SHPCA is; and provide education through conferences.

As your Board of Directors move forward with these objectives/projects, we'll provide more information.

## CHPCA's Advance Care Planning in Canada

**UPDATE!** - Palliative & Supportive Care just published an [overview](#) of the state of advance care planning research looking at 80 systematic reviews covering 1662 research articles. The overview found that research on ACP to date concentrates for the most part on nine main topics:

1. ACP as part of palliative care interventions
2. Care decision-making
3. Communication strategies
4. Factors influencing ACP implementation
5. ACP for specific patient groups
6. ACP effectiveness
7. ACP experiences
8. ACP costs and cost savings for the health care system
9. ACP outcome measures

The systematic review found that although there is substantial research on ACP, there remain major knowledge gaps in the field that require higher quality studies and more innovative interventions with more holistic evaluative approaches. The article is in first view currently.



# Life & Death Matters

I'm Kath Murray and I'm passionate about education and resources that increase the capacity of the individual, and the community, to provide excellent care for the dying and the bereaved.

I'm a Certified Hospice Palliative Care Nurse, have a Masters Degree and am a Fellow in Thanatology (FT®).

In my former life as a Registered Nurse with Victoria Hospice and the Victoria Hospice Palliative Response Team, I provided direct care and support to the dying person, family and significant others.



## **My Three “Must-Have” Professional Association Memberships... What are yours?**

Memberships in professional associations have helped me to develop as a professional, and a hospice and palliative care provider. Through membership I have experienced opportunities for learning, providing feedback to the community and connecting with colleagues across the continent. [These are my three “must-have” memberships.](#)

## **Request from Diane Campbell RN, PhD, Assistant Professor, College of Nursing, University of Saskatchewan**

My co-investigator and I are looking to write a proposal for the Saskatchewan Health Research Foundation's Collaborative Innovation Development Grant entitled: "Knowledge, Self-Efficacy, and Experiences of Regulated Nurses in Providing Palliative Care in Continuing Care Facilities in Saskatchewan".

I am in the preliminary stages of writing the proposal and as the grant is to involve collaboration with team members who can bring complementary and disciplinary knowledge and expertise to benefit the research, I am hoping to be able to connect with someone in your organization about this proposal. The current grant is for \$50,000 and we are looking at doing surveys with regulated nurses in long term care

Anyone interested in more information can contact Diane Campbell at [diane.campbell@usask.ca](mailto:diane.campbell@usask.ca)

Send us your Hospice and Palliative Care related article submissions or events to go in the newsletter by clicking [HERE](#).

## Events and Other Information

**October 31, 2018**

**1:00 pm to 2:30 pm ET**

### **Medical Cannabis – The Essentials for Palliative Care**

Recognize the history of cannabis and cannabinoids as therapeutic agents Critique current evidence and guidance for the therapeutic use of cannabis and cannabinoids in palliative care. Accessed online via phone and web.



Canadian Hospice Palliative Care Association  
Association canadienne de soins palliatifs

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**Price: \$20**

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**October 18 - 21, 2018**

### **34th World Congress of Internal Medicine (WCIM 2018)**

**Cape Town, South Africa.**

Details available [HERE](#).

**October 22 - 23, 2018**

### **75th Annual Convention of the Catholic Health Association of Saskatchewan**

**The Saskatoon Inn in Saskatoon.**

Details available [HERE](#).

**November 1 - 4, 2018**

### **Caring Hearts Conference & Retreat**

Providing Trauma, Grief and Missing Persons education and support for frontline professionals and caregivers.

Details available [HERE](#).





## Membership

### May 1, 2018 to April 30, 2019

Keep in touch with your association and be a part of the advocacy of our newly formed coalition. Help build the Saskatchewan Hospice Palliative Care Association by bring in new members.

If you know of any colleague who would like to join SHPCA, you can direct them to the SHPCA website to download the membership form on our website and mail it with a cheque to the SHPCA office or by emailing the form with credit card information to [info@saskpalliativecare.org](mailto:info@saskpalliativecare.org) . The form is available [HERE](#). Membership fees are \$55 annually.

Membership with the association includes these benefits:

- Being a part of the new Compassionate Care Coalition of Saskatchewan
- Quarterly E-Newsletter from SHPCA & CHPCA
- Access to the Canadian Hospice Palliative Care Association and its Education Network
- Reduced rates to the National Conferences and Education Seminars
- Reduced rates to Provincial Education Seminars and Events
- Access to high quality educational events and resources
- Information on national and provincial hospice and palliative care initiatives
- Access to latest hospice palliative care research
- Access to the CHPCA Nurses Group (extra \$20)
- Eligibility to apply for the Dr. Zach Thomas Award

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Past Issues

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The MailChimp logo, featuring the word "MailChimp" in a white, cursive script font, centered within a grey rounded rectangular background.